

# Gluten Free LUNCH MENU

## SALADS

### THE *Milano* SALAD

Fresh lettuce tossed with green onions, prosciutto ham and a special blend of cheeses in our house made Milano dressing  
sm \$7 🍷 | lg \$13

### CAESAR SALAD\*

House made Caesar dressing tossed with Romaine lettuce, asiago cheese and topped with anchovies sm \$7 🍷 | lg \$13

### STRAWBERRY GRILLED CHICKEN SALAD

Fresh lettuce, strawberries, red onions, toasted almonds and walnuts, dried cranberries, and mozzarella tossed in our poppy seed dressing, topped with grilled chicken breast \$16

Add Grilled Chicken \$5 | 3 Shrimp \$6 | Salmon \$12

## PASTAS

All pastas include a small salad.

### GF PASTA 🍷

Gluten free pasta in house made red sauce \$15

### GF PASTA ALFREDO 🍷

Gluten free pasta in house made butter cream sauce with fresh asiago cheese \$17

### GF PASTA con BROCCOLI 🍷

Gluten free pasta tossed in a creamy red sauce with mushrooms, broccoli, and a hint of red pepper and garlic \$18

### BAKED GF PASTA 🍷

Gluten free pasta in house made red sauce baked with provol cheese \$16

### GF PASTA WITH SHRIMP

Gluten free pasta tossed with olive oil, garlic, grape tomatoes, fresh basil, and three jumbo, sautéed shrimp \$18

Add Grilled Chicken \$5 | 3 Shrimp \$6 | Salmon \$12

## ENTRÉES

All entrées include choice of small salad, soup, or side.

### GRILLED CHICKEN PARMIGIANO 🍷

Grilled chicken breast topped with house made red sauce and provol cheese \$15 \*\*\*Add a side of GF pasta \$2.5



### CITRUS HONEY SALMON

Pan-seared salmon topped with a citrus honey glaze and served on a bed of sautéed spinach \$17

## SIDES

🍷 GF PASTA IN HOUSE MADE RED SAUCE

🍷 GF PASTA IN ALFREDO SAUCE + \$2.5

🍷 SAUTÉED BROCCOLI

## DESSERTS

TAHITIAN VANILLA ICE CREAM \$6

CRÈME BRÛLÉE \$7



Bella Milano  
Signature Items



Vegetarian



Have a food allergy? Please let your server know,  
and we will take extra care in preparing your meal.



Lighter Choices (600 calories or  
less not including sides or salads)

\* Consuming raw or undercooked Meats, Poultry, Seafood, Shellfish, or Eggs may increase your risk of food-borne illness.

We practice caution when preparing our gluten free menu items. However, the items on this menu are produced in the same environment where products containing gluten are prepared. While we take great care in preventing cross-contamination with the items on this menu, inadvertent cross-contamination of gluten may occur. Bella Milano provides this menu as a service to our customers. Bella Milano assumes no responsibility for its use, and any resulting liability or consequential damages are denied. Customers are encouraged to consider the information provided to their own satisfaction based on their needs and requirements.